

# LORD'S DAY 1

## Q1. WHAT IS YOUR ONLY COMFORT IN LIFE AND IN DEATH?

A. *That I am not my own,  
but belong –  
body and soul,  
in life and in death –  
to my faithful Savior, Jesus Christ.*

*He has fully paid for all my sins with his precious blood,  
and has set me free from the tyranny of the devil.  
He also watches over me in such a way  
that not a hair can fall from my head  
without the will of my Father in heaven:  
in fact, all things must work together for my salvation.*

*Because I belong to him,  
Christ, by his Holy Spirit,  
assures me of eternal life  
and makes me wholeheartedly willing and ready  
from now on to live for him.*

1 Cor. 6:19-20  
Rom. 14:7-9  
1 Cor. 3:23; Titus 2:14  
1 Pet. 1:18-19; 1 John 1:7-9; 2:2  
John 8:34-36; Heb. 2:14-15; 1 John 3:1-11

John 6:39-40; 10:27-30; 2 Thess. 3:3; 1 Pet. 1:5  
Matt. 10:29-31; Luke 21:16-18  
Rom. 8:28  
Rom. 8:15-16; 2 Cor. 1:21-22; 5:5; Eph. 1:13-14  
Rom. 8:1-17

## Q2. WHAT MUST YOU KNOW TO LIVE AND DIE IN THE JOY OF THIS COMFORT?

A. *Three things:  
first, how great my sin and misery are;  
second, how I am set free from all my sins and misery;  
third, how I am to thank God for such deliverance.*

Rom. 3:9-10; 1 John 1:10  
John 17:3; Acts 4:12; 10:43  
Matt. 5:16; Rom. 6:13; Eph. 5:8-10; 2 Tim. 2:15; 1 Pet. 2:9-10

I suggest getting a notebook to record your answers, thoughts, and questions that come to mind as you read the catechism and scripture. **With every lesson write down some things you want to see change in your thought life, attitudes, or actions.** When we meet it will help to have something written that you can refer back to as we discuss the lessons and pray for each other.

LORD'S DAY 1: January 1 – 7, 2017

SUNDAY : read questions and answers with all scripture references

MONDAY: read Psalm 46: 1-3

Look up the word "comfort" in a dictionary. Which definition do you think is the type of comfort spoken of in Q1? Why is this type of comfort one of our deepest needs? What are some of the things we substitute for this true comfort?

TUESDAY: read Isaiah 43: 1b-3a and 1 Corinthians 6: 19-20

How do you show that something belongs to you? For example: a child, a pet, farm animals, a car, a house, a plant. What does it mean to belong to someone? To whom do you belong?

WEDNESDAY: read Romans 5: 6-9 and 1 John 5:18

What is our single greatest problem?

THURSDAY: read John 10: 11, 27-29 and Romans 8: 2-3a, 16, 28

From A1....list what Jesus Christ has done for us to solve this problem?

FRIDAY: read Titus 3: 3-8

A2 sets forth the outline of the catechism: Guilt, Grace, and Gratitude.

Why is knowing our need the first part?

SATURDAY: read the corresponding essay in *THE GOOD NEWS WE ALMOST FORGOT*

Write down any thoughts and/or questions that come to mind after reading the essay.